

Workout: Major 7 (4 bars)

(Medium Swing)

Exercise

$\frac{4}{4}$ | **C_{Δ7}** |

/:

/:

/:

| **F_{Δ7}** |

/:

/:

/:

| **B^b_{Δ7}** |

/:

/:

/:

| **E^b_{Δ7}** |

/:

/:

/:

| **A^b_{Δ7}** |

/:

/:

/:

| **D^b_{Δ7}** |

/:

/:

/:

| **F[#]_{Δ7}** |

/:

/:

/:

| **B_{Δ7}** |

/:

/:

/:

| **E_{Δ7}** |

/:

/:

/:

| **A_{Δ7}** |

/:

/:

/:

| **D_{Δ7}** |

/:

/:

/:

| **G_{Δ7}** |

/:

/:

/: